

"Building Our Sense of Community"

Shelton State Courier

—Campus Newspaper—

New Series Vol. 2, Number 7

Shelton State Community College

April 30, 1998-May 28, 1998

Shelton student crusades against breast implants



Shelton student Linda Garner (L) talks to some other women students about her strong feelings opposing breast implants
Photo by Blake Mann

By Nicole Barker and Mary Burroughs

Breast implants are a huge controversy today. Are they safe? Do doctors lie for the sake of business? Is having large breasts that big of a deal? These are just a few of the questions I asked Linda Garner, an adult student here at Shelton State.

Garner was 34 years-old when, after 17 years of marriage, (at her husband's prompting) she went into a hospital in Nashville to have her breasts enlarged.

Three weeks after having the surgery, Garner experienced severe pain in one of her fingers. It hurt so bad one night that she debated cutting it off. At this time, she didn't know what was causing the pain.

Her husband enjoyed the results of her surgery; eight months later, though, he left her on her sister's doorstep in Tuscaloosa with three children.

Garner then developed symptoms of systemic lupus erythematosus. Her muscles and joints were aching and shutting down. She was also struck with a systemic

inflammatory auto-immune disease.

Still not knowing what was happening to her, Garner lived with this constant pain. She could not work, and was therefore on total disability, all while trying to support three children.

In 1991, Garner heard a lady speak on TV by the name of Anne Roberts. Roberts was in a wheelchair, explaining her symptoms, which developed into Lou

Coleman cont'd on pg. 3

Sheltoniana Which Can Be Found Nowhere Else Inside

Editorials, pg. 2
Sheltoons, pg. 2
Jackson, pg. 4
Madam Sosostros's Two-Week Horoscope, pg. 4
Q&A, pg. 4
pg. 7
pg. 8
Movie review, pg. 9
Business Buc\$, pg. 11

Look for the sales, discount coupons, and special notices in the Courier's ads

These companies are our special friends. Let's support them!

For advertising information call the publisher at 391-2278

Future Issues

The Courier looks forward to 4 more issues during the summer semester: May, June, July and August. Let us know what you would like to know about Shelton by calling the publisher at 391-2278.

Soooooooo Many Ways of Making a Living...

Printing program teaches a very vital skill for society

Second in a Series of Articles about the Many Interesting Courses of Study at Shelton State

By James A. Crawford II

If it weren't for the printed word we would all have a hard time just getting from one point to another, luckily printing presses keep rolling on and at the Graphic Arts and Printing department on the Fredd campus at Shelton you get to learn just how it's done.

A road sign reads: Shelton State ahead on right; Exit just ahead; Sign here.

These are just a few examples of printed copy you might see in a normal day. Before the printing

press was invented the only way for people to know what was going on was to travel and see for themselves what was happening.

Today we are lucky that we have a paper we can turn to every morning to read about the world and all its happenings. Without that commodity the world would be a much more confusing and stressful place to live.

No one person could talk to everyone at the same time like the printed word can. That's the power the printed word has over our lives and the effect it has on us at the basic level of being able to survive.

"Printing is an industry that is big everywhere. It's the busi-

Printing cont'd on pg. 3



Students working on computer graphics in the printing and graphics program on the Fredd campus are (L-R) Michael McKernan, Eric Fladstol and Angela Perry
Photo by Blake Mann



Shelton State benefactor A.H. Bean goes over the criteria of one of his endowed scholarships with student Heather Reece. Bean has pledged more than a million dollars to the college in support of the theatre and of scholarships that will promote education among Christians
Photo by Blake Mann

Viewpoint...

I've never awakened from this nightmare

I think the first time I started to question the safety of breast implants was about a year after I had them. I was already in trouble with my health. You cannot imagine the feeling of betrayal. I had trusted the doctors. I had tried to be informed. I was never told what could happen to me. That is why I want to tell you. Lots of books are out that you can read on the subject. Victims like me have written some of them. The big problem I see is no one is reading them or calling the FDA about them.

There is still a debate going. Some studies done say the implants are safe, but Dow financed most of these studies. Some studies say they are not safe. These are done by individual doctors trying to find the truth for their patients. You make up your own mind. In this day and time you have to be responsible for so much more than in my day, but the rules are changing. This is the age when you can pull up any topic on a computer in a few minutes. There is no reason not to be informed. The only thing I can do is try to help you to be an informed person.

In 1981, my husband wanted me to have breast implants. There was nothing drasti-

cally wrong with my body but he had been after me ever since we had married 18 years ago, to get some boobs. That was what he called them, "Boobs."

Some men are such animals. They do not care as long as it looks good. Lesson #1: never do anything to your body for anyone else other than yourself. Eight months later, he was gone and I was very sick. It was like living a nightmare only you never wake up from this one.

I was told so many different things by so many different doctors. I was scared to death. I was in so much pain, I would cry because I woke up. Facing another day was hard. I had three children to raise all by myself. I had to get better. I had a life to live. There was no sympathy from anyone. I had done this to myself. Nobody ever said it was the implants. For eleven years I struggled, trying to go on as if I were okay. Until, I just started to stay in the bed.

Finally, I met a friend. She was an implant victim and she had some answers. I went to her doctor in Houston, Texas. I found so many more women at that hospital suffering like me. I could not believe it when the doctor started explaining to me what had happened to my body. I was so furious. I still could not blame anybody but myself. My friend, Anne, died six months later from Lou Gehrig's Disease. It is a rare horrible disease, which takes away all your body functions until you cannot breathe and you die. There is an epidemic of it with the saline implants. I was mad, confused, hurt, and still very sick. What to do?

I decided I would inform every woman I could. If I could pass on what Anne had taught me, maybe someone else would benefit. Not many women want you to mess around in their business. It is only after the fact that they

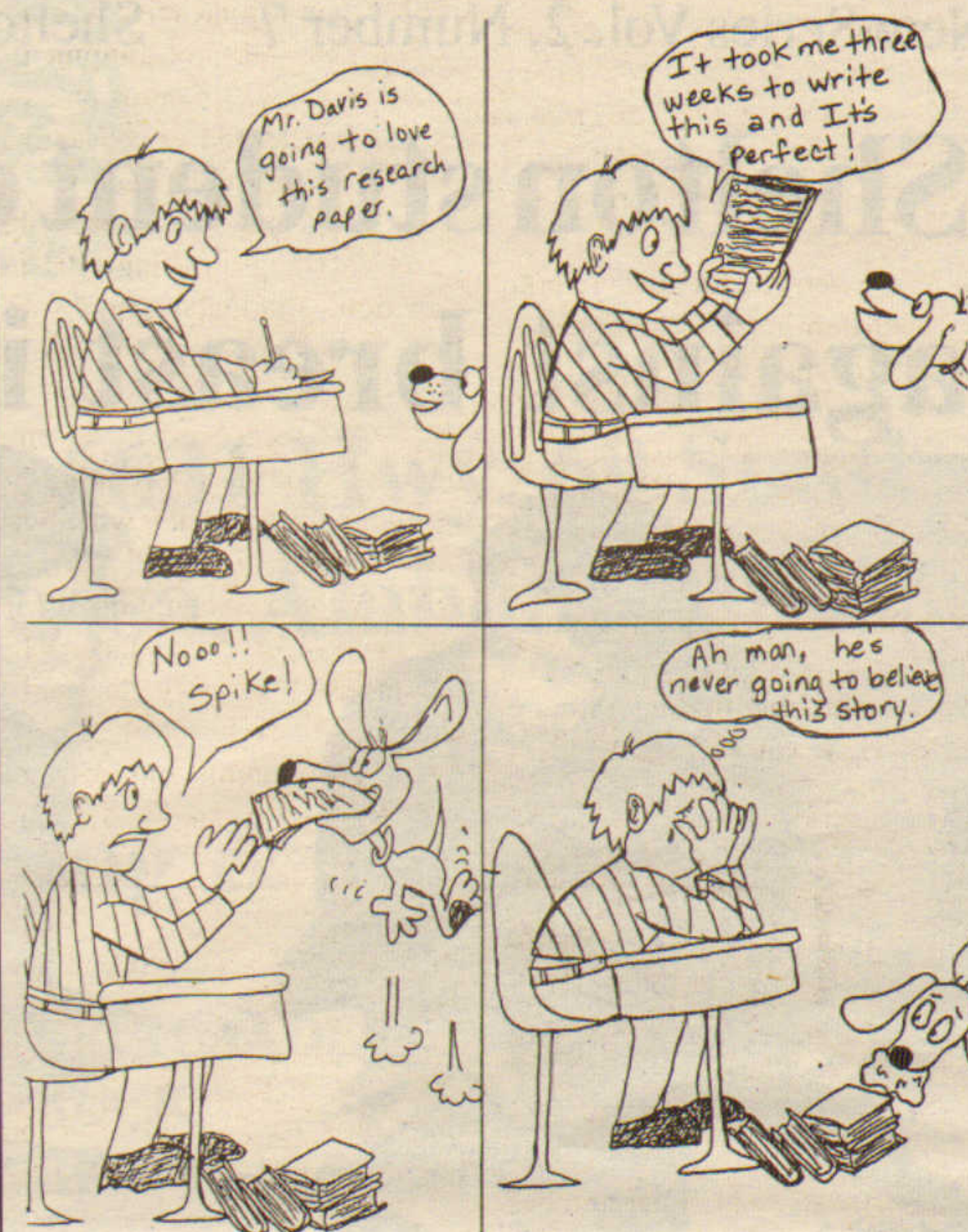
have come to me. I went public to try to save some lives. I testified at the FDA hearings on the saline implant. Notice that this is not the silicone in the shell but the saline. They make the shells (of all of them) with silicone and it sheds. I know there are women with breast implants that have had cancer and it helped them to not think so badly of their appearance. I heard the head of the Cancer Foundation say, "If you want breast cancer, get breast implants." The FDA asked me why not let the women with cancer have them. They are going to die anyway. I said, "Their immune systems are already compromised and the implants will only compromise it further and assure they will die. They might get better! Some women who have breast cancer do recover."

The studies they are conducting now are only with Mentor Corp. They are the ones doing the clinical trials. Your local plastic surgeon will probably tell you they are safe. The FDA has approved none of the implants. Dow Corning quit making the implants in 1992 and went bankrupt in 1994. There were 487,000 women in the settlement and that was revised and cases are going back to court.

Linda Garner

Sheltoons

by Debra Hill



Would you like to help Shelton see the light?

Send your cards and letters requesting the city to install a traffic light on Old Greensboro Rd. at the entrance to Shelton State to the *Shelton State Courier* in care of Shelton State Community College, 9500 Old Greensboro Rd., Tuscaloosa, AL 35405. We will collect them and then take them to City Hall. One day, no doubt, the officials will see the light...

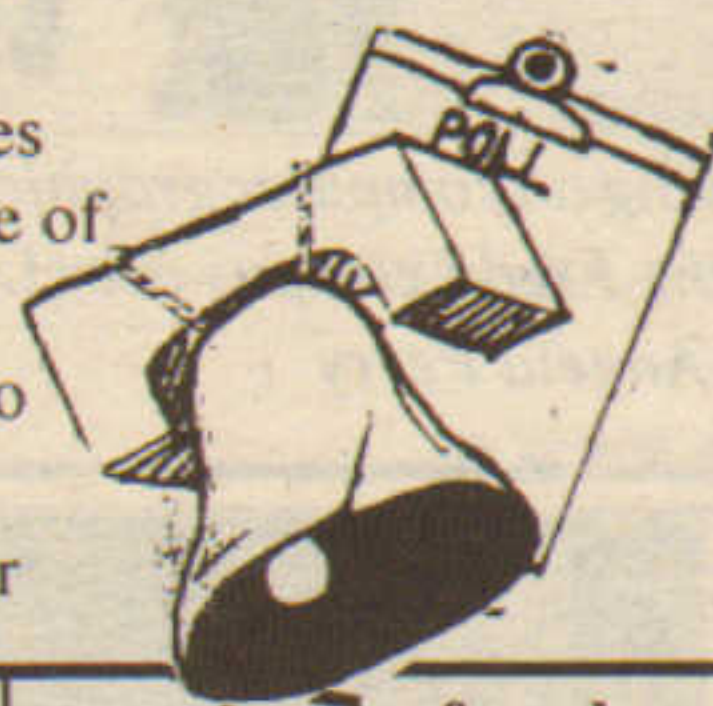
The Bell Poll

By: Louis Bell

What is more important in our culture, beauty or health? We live in a society that places high standards on beauty. One of those standards for some is female breast size. I wanted to find out if the students at Shelton felt it was all right for

women to have breast implants if they wanted them. I found that the majority of the 60 students surveyed said it was all right (85%). What shocked me was

that of the students who said it was okay to have breast implants a **larger majority (79%)** of them said they felt breast implants were not safe.



Do the males at Shelton think it is alright for women to have breast implants if they want them?	Do the females at Shelton think it is alright for women to have breast implants if they want them?	Do the males at Shelton think that breast implants are safe?	Do the females at Shelton think that breast implants are safe?
85%- Yes 15%- No	85%- Yes 15%- No	24%- Yes 76%- No	11%- Yes 82%- No 7%- Undecided

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Shelton State Courier

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The *Shelton State Courier* is a "campus newspaper" written and produced with the help of students.

Among other functions, it is intended as a vehicle for student

expression and all students are urged to participate with submissions of written and artistic material.

The college seeks to fulfill the statement for academic freedom in working with the students in the production of this paper:

"The college seeks to provide an atmosphere conducive to open and honest intellectual inquiry in any college forum which is appropriate for dialogue and student participation. The students should feel free to exercise the right to dissent within limits of decorum and good taste."

All publications are subject to review by the Publications Action Group, which has been delegated the responsibility to review all college publications for content and accuracy.

Printing cont'd from pg. 1

ness that touches almost everyone and almost everywhere on a daily basis," says Graphics Art and Printing instructor John Freed.

The program at Shelton covers the most important aspects in the printing field such as: photographic printing processes, offset press work, computer design and layout, plate making and the process of bindery when the printing is done.

The demand for skilled workers in the printing field continues to grow. The opportunity for a good job can be found across the globe.

"Printing is great. I love it. I'm leaning a lot here at Shelton in this field. There has always been a big demand for printers with some experience at running the machines. This is a career in which you won't ever have trouble finding a job no matter where you go," says student Jerry Bryars.

Today's society demands to know what is going on at all times. This attribute has fueled the demand for printing almost 24 hours a day for individuals, business owners and students.

Commercial businesses, as well as state-run agencies, now have in-house printers and equipment so that they can get memos and staff briefs out faster and without as much delay from the actual events.

People are so used to reading dozens of things in a single day that they don't think about how it gets there or how much effort goes into the printing.

"We see it every day. Printed material is an everyday thing. It's taken for granted that it will always be there," adds Freed.

With the integration of computers into nearly every facet of life, the printing industry has had to change with everyone else.

Freed points out, "There's new technology now. The print

presses are a lot different now than they used to be. There is a big demand for people with current training using this new technology. There is a big shortage all over the country for quality personnel."

Of course the printing is just one side of how something actually makes it to the real world to be read and looked at by me and you. Be-

"This is a career in which you won't ever have trouble finding a job no matter where you go," says student Jerry Bryars.

fore it can be mass produced it has to be designed and laid out.

Commercial art here at Shelton State teaches students how to use computers, dozens of other paraphernalia and their own given talents to make an idea into a fascinating reality.

The Commercial Arts program is instructed by Mrs. Angela

LaPorte at the Fredd Campus on the city's west side.

The program consists of more than just learning how to draw on the computer. You learn how to make things come to life. How to add color to change a perspective. How to make an inanimate object appear to be real.

"There is a tremendous demand for commercial artists all over the country. Everything we see in advertisements and designs has been worked on by a commercial artist somewhere," says LaPorte.

Students from many different backgrounds are interested in commercial art and see it as an interesting field to work in.

"I've always been interested in how ads are made, how they're designed," says student Anett Riger, from Germany. "The program here at Shelton is really good. You get to learn the many ways things are laid out. There is a big demand for commercial artists back home in Ger-

many," adds Riger.

Many students have found what fun the arts and printing programs can be by accident but are ecstatic that they happened upon them.

"I was only taking commercial art as an elective, just to see what it was about. Now I've changed my major and I'm looking forward to a career as an artist. You get to be the right hand of a business or for an individual," says student Nikki Strickland.

It all starts with an idea. The product of someone's imagination. The idea is then laid out and shaped into something unique and it's then sent to the printer to become a reality for everyone to see.

The next day we get to see the results from everyone's hard work and as we soak in the information we've been dying to read about, we don't see the smiles of satisfaction from the people who made it happen.

Implants cont'd from pg. 1

Gehrig's disease, as a result of her own breast implant surgery.

Garner recognized these same symptoms as her own. She called the TV station and left her number for Roberts to call her.

Still in intense pain, Garner found relief in Roberts's words. The one thing Roberts kept telling her was, "Take the implants out!" A few months later, Roberts died.

Garner then contacted a plastic surgeon in Tuscaloosa. According to Garner, he said "You need \$2,000 up front; and you will be horribly deformed. Don't come back again until you have the money!"

So Garner sought other options. Roberts had hers removed in Houston, so Garner contacted Baylor College of Medicine, and went to have hers taken out.

Oblivious to Garner, Houston was where the implants originated. They were invented by Dr. Cronin and Dr. Gerow. According to Garner, Gerow had a penile implant surgery, and died shortly after.

Garner underwent six hours of surgery, to which she commented, "It's real easy to have them put in; but it's hard as heck to have them taken out!" The implants were removed, fully intact. For ten days, solution drained out of her. The lab later identified that in the solution were "different sorts of bacteria and bugs."

The day after the surgery, Garner said she could walk to the bathroom without any pain.

Garner's implants didn't

"leak," but the outer silicone shell had shed, according to her sending bacteria to other parts of her body. This resulted in the auto-immune diseases.

The implants would sometimes turn "hard as rocks," according to Garner. "When this hap-

pened, you would have to go to the doctor so he could squeeze and massage them soft again; this massaging would cause the lining to shed."

As of 1995, the women affected by breast implants have had a suit against the makers of breast

implants, including Dow Corning, which declared bankruptcy due to the large number of women in the suit.

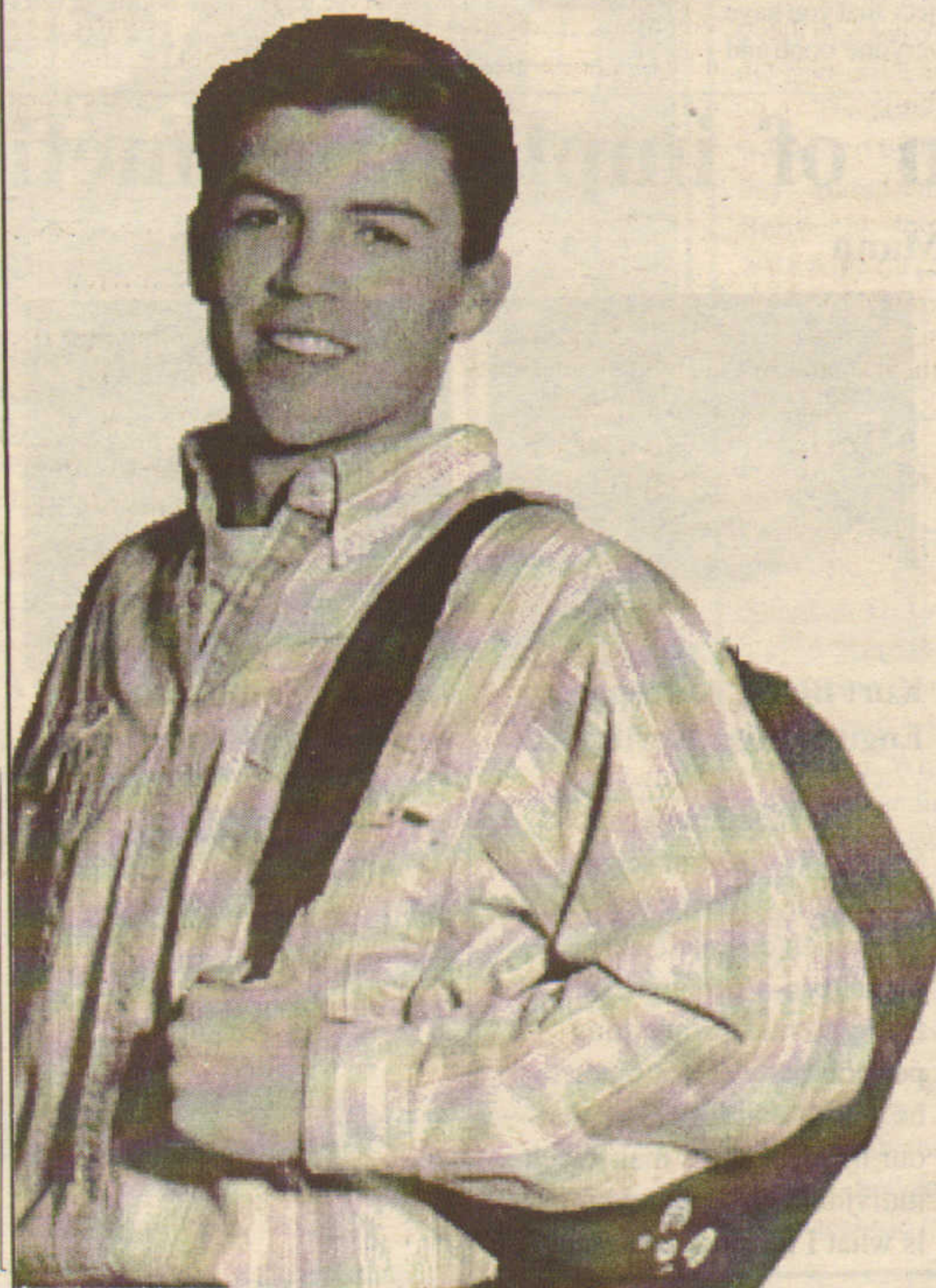
One million breast implants have been documented as being performed. 487,000 women have complained of problems with their im-

plants. At a rate of two implants per person, this means that 974,000 implants out of one million have had problems.

A statute of limitations is in effect to protect plastic surgeons.

Implants cont'd on pg. 7

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Astrologer Madam Sosostros Presents a Special Two-Week Horoscope Exclusively for Shelton State Students

ARIES (March 21-April 19) Being overly generous may put a strain on your finances. Do not lend more than you can afford, no matter how much of a sob story you get. You are not a bank with unlimited funds.

TAURUS (April 20-May 20) It's a great time to try your hand at a new sport or hobby. You may even want to try two or three. You should find something you really enjoy and then give it your best effort. You will be surprised how accomplished you will become.

GEMINI (May 21-June 20) You have a tendency to be stubborn and close minded. It is time to change that. Open your mind and you will be much happier with yourself as well as the world around you.

CANCER (June 22-July 23) This is no time to let up on your studies. You may be growing weary, but the end is near. Persevere-- you will be glad you did!

LEO (July 24-Aug. 23) It's a good time to evaluate your current activities and their impact on your career and even on your future. You may need to make some changes. You certainly don't want to mess up what you have been working so hard to accomplish.

VIRGO (Aug. 23-Sept. 22) You have found a sense of security in your home life. That roaming spirit seems to be settling down. It's okay to enjoy what you have. Remember, the other man's grass is not always greener.

LIBRA (Sept. 23-Oct. 22) You are extremely accident prone, because something or someone has you distracted. Take extra precautions and attend to details. This will help you to remain safe and give

you more time to pay attention to that distraction.

SCORPIO (Oct. 23-Nov. 21) Don't let your anger build up until you explode. Get it out and forget it. You will probably find that whatever triggered it was not that big of a deal anyway. Remember,

holding anger in can have a negative effect on your health.

SAGITTARIUS (Nov. 24-Dec. 21) Pay close attention to details to your work or studies. It will save you a lot of extra time and effort. It will definitely pay off in the end.

CAPRICORN (Dec. 22-Jan. 19) Romance is in the stars for you. Surround yourself with happy, cheerful friends and you will show your best side. This is a good time to look for that part-time job you so desperately need.

AQUARIUS (Jan. 20-Feb. 18) A financial hunch may pay off big, but you must be willing to take a risk. Trust your instincts and then go out and enjoy your new found fortune. If you have a special

someone in your life, you may want to share.

PISCES (Feb. 19-March 20) You have the confidence to tackle that home project that you have been putting off. When your surroundings are in order, throw a party and let everyone oooh and ahhh over your talents.



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Want to Learn How to Write?

The greatest writing discipline possible comes from learning how to write newspaper journalism. You can learn all of the tricks of the trade this summer from the publisher of the *Shelton State Courier*, Dr. Jim Kenny.

He will be teaching MCM 130—News Reporting—Tuesdays and Thursdays from 10:15 a.m. to 12:15 p.m. Call the registration hotline at (205) 391-2293.

Learn how to write the way Hemingway did!

What is your opinion of implant cosmetic surgery?

Interviewed by: Jo Jobson

Photos by: Blake Mann



Darius Watters,
Welding, Demopolis

"I don't think the implants should be done because people should be happy with what they have. I mean no one wants someone that doesn't have all his/her real body parts."



April Vitali, Music ED,
Duncanville

"I hate it when people get plastic surgery to enhance their body parts because it's not theirs. Then when they do get their parts enhanced and something goes wrong they try suing the doctors and it's not the doctor's fault. The only time I would agree with plastic surgery is if it's corrective, cause of an accident or birth defects."



Kurt Blake, Aerospace
Engineering, Northport

"Cosmetic implant Surgery is OK, but science has to make it safer for the patient. Too much cosmetic surgery is a real turn-off though. It's like trying to make something perfect that was not made to be. With that, I believe that our imperfections make each individual unique and unique is what I like in a person."



Laramie Smith,
Elementary Education,
Greensboro

"I don't feel there is a need for fake body parts, because ain't nothing like the real thing baby."



Shane Jordan, Air
Conditioning and
Refrigeration Technology,
Centerville

"I think that cosmetic implant surgery is O.K. in a corrective situation, but when it is used to enhance looks, it is a total turn-off. I believe that a woman looks best the way that God made her. I think that women should be content with the way that they are, for a change!"



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Ask Dennis



Q: Dennis we are remodeling our house and I was wondering if I could save the azaleas?

A: Azaleas are one the easiest plants to transplant because they have such a fibrous root system.

The only problem I could see is if they are very large (three feet or taller). If that is the case, and it usually is, you should try and take a shovel, go around the azalea cutting the roots in a diameter about one-half the drip line. If the width of the plant is three feet, then try to dig a rootball at least eighteen inches in diameter.

Since eighty five percent of the root system is in the top 12 inches of the soil, then digging 12 inches deep will probably be adequate.

When lifting your plant try to be careful as you can and lift straight up. Since the plant and soil will weigh 100 pounds or more, have enough help available not only to avoid injury but to insure that the plant is handled gently. Make sure a minimal amount of soil is lost,

thus insuring livability.

After replanting, water thoroughly and fertilize lightly with a complete fertilizer such as 13-13-13 to simulate root growth.

This method will work with most ornamental plants at any time of the year, although fall is probably the most desirable time of year to transplant.

I think it's a good idea to save plants that have always done well at your location because it means they are well-adapted to your particular environment.

And remember old plants never die—they just smell that way. Or is that fisherman?

If you have a question for Ask Dennis, send it through intercampus mail or write to 3401 Martin Luther King Jr. Blvd. Tuscaloosa, AL 35401.

And if you would like information on horticulture or turf classes being offered at Shelton State, please call Dennis Crim at 391-2629.

THE FOX FIRE

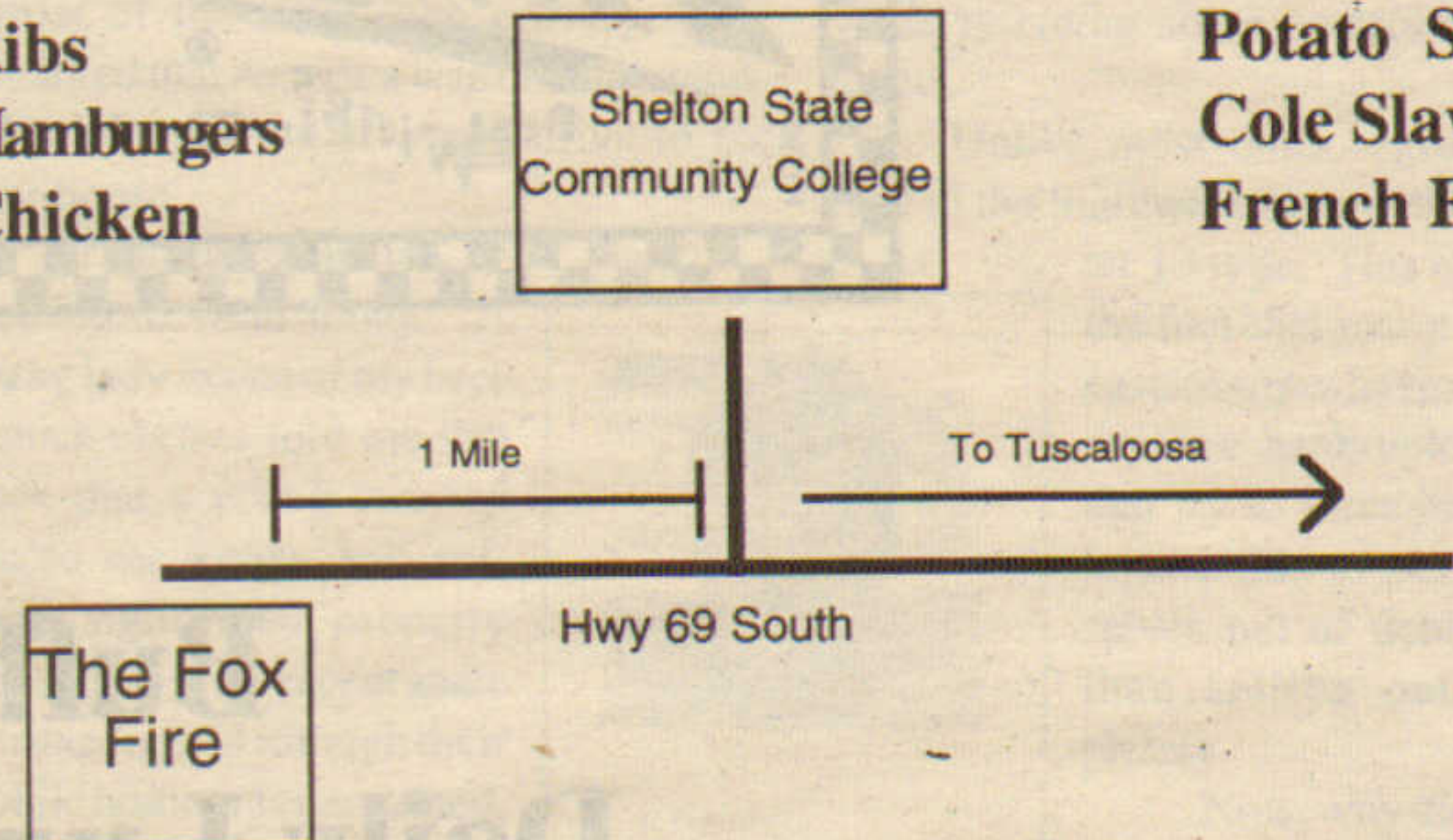
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Former Shelton student receives award from UA

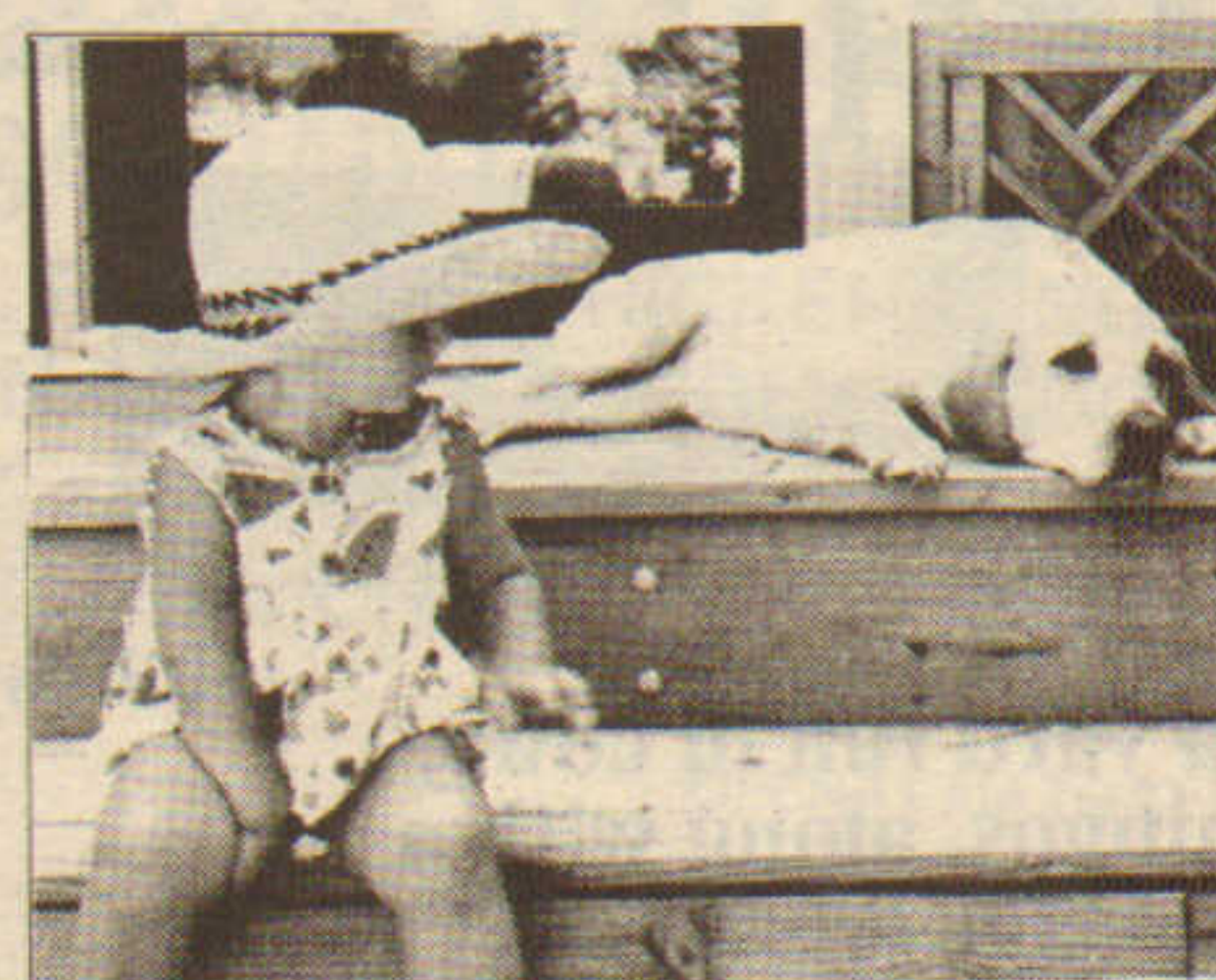
Martha Key, a former student at Shelton State Community College and now a student at the University of Alabama, received several honors recently during the University's Honors Day. Key, who currently works in the registrar's office at Shelton, received the Jerry F. Wilson, Sr. Memorial Scholarship from The College of Continuing Studies. This scholarship is awarded to an undergraduate or graduate student who is enrolled part-time or full-time at the University and who is enrolled in an academic program facilitated through the College of Continuing Studies.

Key also received a Recognition of Excellence in Scholarship, a department of management and marketing award, from the Culverhouse College of Commerce and Business Administration.

Key is a junior majoring in business management in the Culverhouse College of Commerce and Business Administration. She and her husband, Tim, live in Coker, Alabama, and have two children, Daryl and Beth.



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Implants cont'd from pg. 3

If an implant goes bad; after three years, the surgeons cannot be held responsible.

There have also been cases of women who had their implants removed and written on the implants were the words, "display," or "experimental-do not use." Those women could not sue their doctors due to the statute of limitations.

When Garner, who weighed 119 lbs at the time at the time, went into surgery, she asked to know everything about implants. According to Garner, her plastic surgeon emphatically explained, "There are no con's. Implants are 100% safe." She now weighs 240 lbs, and dieting still makes her gain.

Because Garner did not realize her mistake until eleven years later, her surgeon could not be held liable for his actions and any alleged lies.

Certainly there is a lot of controversy about implants. There are those who believe that it is your body to do with what you want.

Whatever you believe, there is strong evidence that suggest implants to be dangerous and hazardous to your health.

This is Garner's motive for telling her story. "If I can just cause one lady to re-evaluate her decision to have implants, then I have done my job."

Whether or not a person agrees with breast implants, they do exist. Women choose

to have them, and doctors perform the operation. It is a very serious decision, and women need to be well informed on the matter before they have them.

There is a local doctor's office in town that performs these operations. A nurse named Ginger Belcher gave an inside perspective on the topic. The office she works for only does saline implants, and they perform between 35-50 operations per year. She said the women usually range from ages 25-50.

Belcher said that some women do it solely for looks but others do it for medical reasons. Women who have had a mastectomy due to cancer sometimes have implants, also women with birth defects where only one breast grows.

Women who nurse babies sometimes get a disease called breast petosis, atrophy, or breast hypertrophy. This means the women's breast sag so they have that fixed. The women are counseled by a nurse and a doctor before the surgery. This office is the only one who performs the operation inside of it. They have a full operating room. The Dr. also takes post op and pre op pictures.

Belcher says, "There is no such thing as a risk free operation. The patient

Implants cont'd on pg. 11

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Leather Cleaning



By Chris Mink

Prowling University Blvd., hanging out on the Strip, haunting the Quad...

At the beginning of every semester, college students everywhere set out to accomplish a set of goals: party, have fun as much as

possible, go to class as little as possible and all the while still trying to keep an acceptable grade point average.

The end of the semester is once again upon us and it's time to look back at the last year and think about the future.

For those of you who have had more beers than books, here is a small review to clue you in on what you missed in the real world.

World War III nearly became a reality in Iraq. But who had time to worry about war with the news of Bill Clinton's alleged promiscuity? Did anyone think we'd ever see a White House intern be considered more of a threat to our country's

welfare than a crazed dictator?

Hollywood saw its share of tragedy with the deaths of Chris Farley, (the X-Generation's John Belushi) and Lloyd Bridges.

The baseball world lost an icon, a man known as the voice of the Cubs, with the passing of Harry Carey.

James Earl Ray, the man convicted of killing Martin Luther King, died in prison while the King family embraced him as being innocent and vowed to have the case reopened.

Four obnoxious third graders from Colorado took the place of Beavis and Butthead on parents' most wanted lists with the success

of South Park.

The "unsinkable" R.M.S. Titanic sailed-and-sank once again, but not before setting numerous box office records. A very cruel fate to have to pay to become famous.

The magic kingdom lost some of its magic when it was boycotted by The Southern Baptist for promoting gay life-styles and for being investigated by the federal government for violating the Animal Welfare Act. It wasn't the Year of the Mouse in 1998.

Locally, Tuscaloosa and Birmingham had its share of excitement with Mother Nature's own addition of tornados to the highly anticipated opening of the

Visionland theme park.

When asked what he remembered most about this semester, University student Jeff Phillips said, "Going to Waffle House and ordering my hash-browns mother-covered and slam dunked."

Besides learning to love potatoes with everything on them what is the most absurd fact from this semester? The cost of a Princess Di beanie baby could pay for a entire semester's tuition.

Christian Bullock, a student of Shelton State adds to the list of next year's most frightening prospects: "Election 2000: Dan Quayle vs. Al Gore. God help us all. Other than that I'm just tired of Celine Dion."

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Holidays

Shelton State Community College Honors Week

May 4 - May 8, 1998

Monday

"The Show Must Go On"* Dance Workshop
4:30 p.m., Tanner & Guin Atrium, Martin Campus
Phi Theta Kappa Pinning*
Picture Display of Honored Fredd Students*
Lobby, Fredd Campus

Tuesday

Brass Ensemble
1:00 p.m. Tanner & Guin Atrium, Martin Campus
Spring Concert, Shelton Singers
7:00 p.m. in Alabama Power Foundation Recital Hall
Martin Campus

Wednesday

Art Exhibit, 9:00-4:00 p.m., Visual Arts Gallery, Martin Campus

Thursday

Honoring Leadership, 12:15 p.m., Room 261, Martin Campus
6:00 p.m., Theatre Complex Gallery, Martin Campus
Alumni Association Annual Meeting
"Come to the Cabaret"
Spring Dance Performers
Senior Performance Group, 7:00 p.m., Tanner & Guin Atrium, Martin Campus

Friday

Honors Night Program
7:30 p.m., Gymnasium, Martin Campus
Reception featuring Shelton Jazz Band 8:30 in the Cafeteria Atrium

* throughout the week

BUSINESS BUC\$

Will Rogers, a popular humorist and satirist of the early 20th century, once remarked that America was the only country in the world that would drive to the poor house.

That statement may be even more valid today. A young lady in one of my economics classes told me last week that a young married couple she knows had suffered significant property damage from the recent spate of tornadoes. Although their mobile home was unscathed, she reported, both of their late-model high-profile cars were destroyed by a wandering pine tree.

So this may be but one of a few of the exceptions to Mr. Rogers's pronouncement, after all.

I was reading a recent copy of *The Wall Street Journal* (WSJ) when I came across an interesting article on personal bankruptcy in the Southeast.

It was on page S-2 on April 22, 1998. Let me pause to emphasize that it was a Wednesday paper.

The Wednesday edition of the WSJ always has a separate section with a regional focus, in our case the Southeast. If you read the WSJ as infrequently as most people, try to always read a Wednesday edition. It will have a more rifled approach for your particular region, no matter where you live.

In this particular article the writer noted the difference between Chapter 7 and Chapter 13 bankruptcies. In Chapter 7 filings people liquidate their assets to pay debts, while in Chapter 13 filings,

people pay a percentage of their income while retaining some control of their assets.

Unlike most other regions, filings in the Southeast are mostly Chapter 13 type. This is due to the fact that many Southeastern states have very restrictive bankruptcy laws that try to force bankrupt households to pay themselves out of debt rather than selling out completely.

Now, why did I note this particular item? According to the WSJ article,

Tuscaloosa, Ala. has the nation's lowest liquidations (Chapter 7) as a percentage of filings in the nation.

What does that mean in everyday language? One interpretation is that either through legal restrictions or a robust Tuscaloosa economy, when people do go bankrupt in Tuscaloosa, only a small percentage of them lose the farm.

Now for today's trivia question. Why is Wall Street called Wall Street? I am referring to the street in New York City and not to the newspaper.

If you know the answer, call my voice mail at

391-2210 with your entry. The winner will also be entered into a drawing for a gift certificate at the Shelton State bookstore at the end of the semester. Please, one prize per person per semester. Prizes awarded come from my wallet.



By William P. Aldridge

Thank you! And thank you!
There was a whole lot of appreciating going on recently on the new Shelton State campus when Employee Appreciation Day was held. During the feasting and frivolity President Tom Umphrey and Dean of Students secretary Bonnie Sabbagh gave each other a thank you hug.



Shelton State Students:

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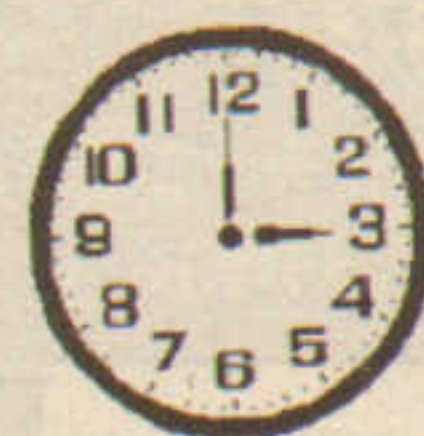
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He will be teaching MCM 130—News Reporting—Tuesdays and Thursdays from 10:15 a.m. to 12:15 p.m. Call the registration hotline at (205) 391-2293.

Roberts reviews...



By Brian Roberts

Tarzan and The Lost City

There are not many films being made today that have an 80 year history. Tarzan and the Lost city can boast just that.

The 50th feature film about the boy who was raised by apes opened in theaters this Friday. Based on stories written by Edgar Rice Burroughs, the Tarzan film legacy began in 1918 with Tarzan of the Apes. This most recent story stars Casper Van Dien (Lead role Starship Troopers) as Tarzan, also known as John Clayton, Lord of Greystoke. In the movie, Tarzan has to return to his home jungle in order to stop a treasure hunter from locating a mystical lost city, an act which could cause the end of a race of people who are friends of Tarzan's.

The mistake made by director Carl Shenkel (Exquisite Tenderness) is that he allowed Van Dien to attempt a Scottish accent. His accent comes and goes so much that it is hard to tell whether the character is Irish or American. While his delivery of dialog is weak, he does handle the physical part of the role reasonably well. And that is the most important part of the role. After all, the man who made the role of Tarzan famous, Johnny Weissmuller, was not an actor, but an Olympic gold medal winning swimmer.

The movie flows much like the Tarzan movies of old. There is not much plot development, or story. It simply moves from scene to scene with the action non-stop. The actors simply deliver their lines in order to move the movie ahead to the next action scene. The role

of Tarzan's fiance, Jane, is played blandly by Jane March (The Color of Night). It is never clearly explained why she has chosen to follow Tarzan to the jungle, but she quickly finds herself in trouble. The villain is the typical adventure movie villain. Nigel Raves, played by Steve Waddington (Last of the Mohicans), is a greed driven treasure hunter who does not understand the history of what he is hunting.

There are not many things that separate this movie from any of the other "B" movies that have been made. The only two things that stand out in the movie are the beautiful South African scenery, and the music score by Christopher Franke (T.V.'s Babylon 5). This is by no means a good movie. It does have the typical "B" movie charm, where simplicity makes a movie enjoyable despite its lack of the elements that make a movie good.

If you are a Tarzan fan, the movie is worth seeing. Otherwise, save your money for this Friday. With Spike Lee's He Got Game and Victor Hugo's Les Miserables opening, it should be a great weekend. Tarzan and the Lost City shows daily at the Regal Fox 12 Cinemas at 1:10 p.m., 3:10 p.m., 5:10 p.m., 7:10 p.m., and 9:30 p.m. Rated PG. 102 minutes.



Where were you in the '70s? The college has a promotion going on that is heading the employees to their mailboxes to pick up their copies of the Chronicle, the faculty-staff newsletter. The first one to identify the lyrics of a '70s hit wins a prize like this kitchen radio, donated by Buffalo Rock. Danette Haynes copped the first of the prizes from assistant to the president Rick Rogers by recognizing a Bruce Springsteen tune.

Photo by Blake Mann



Shelton Magic! Chemistry instructor Lee Albritton took his venerable and popular chemistry show to another appreciative audience the other day when a group of kindergartners visited the college.

Photo by Blake Mann

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BULLETIN BOARD

By Kimberly Davis

A final wrap-up of awards for Phi Theta Kappa, the two-year-college academic honorary, shows Shelton **President Thomas E. Umphrey receiving a Shirley B. Gordon Award of Distinction** for his support of the Shelton chapter. **The college itself was designated as a five-star chapter**, meaning that it has achieved the highest distinction possible in regard to their programming and student and advisor participation.

The Shelton State Alumni Association will be holding its annual meeting on Thursday, May 7 at the Theatre Complex Gallery on the Martin campus at 6 p.m.

The dinner cost will be \$11, and the guest speaker will be Paul Looney, artistic director of Theatre Tuscaloosa.

Also on hand will be various cast members from the troupe's spring musical *Cabaret*.

To purchase tickets or obtain more information call 391-2252 or 391-2221.

Math instructor Alicia Taylor was herself astonished by the turn-out in the hundreds for her **I Hate Math Workshop held on April 13 in the college lecture hall.**

Taylor's approach to calming the fears of number-phobics was more psychological than mathematical. She encouraged attendees to acknowledge their feelings, admit their anxiousness, stop themselves from thinking irrelevant thoughts or putting themselves down.

Taylor said they should rework their negative statements into neutral statements and think positively.

She admitted that algebra is not as easy as 1-2-3, but she insisted anyone could master the material with the right attitude.

Bio-Watch

By Chris Hanes, Biology Instructor

Amblema Plicatae

Family: Unionidae

"Freshwater or Washboard Mussels"

The Washboard Mussel is one of the largest and most common mussels found in Alabama rivers. Mussels play an important ecological role as filter feeders. A mussel of this size can filter 70-80 liters of water a day. Alabama streams contain 60% of the total number of mussel species found in North America (150 species in Alabama). Over-harvesting for the cultured pearl industry has placed many mussels in severe danger of extinction.



Sodexho Puzzler

By: Chris Bailey & Ashley Arthur

Name: _____ Ph. # _____

Solve for word clues. Boxes are scrambled letters to form final word.

1. Front page reporter (2 wds.)
2. Topic of series story
3. Current manufacturer of implants
4. Director of printing program
5. Directed by LaPorte
6. Directs Graphics Department (2 wds.)
7. Controversial topic about breast implants
8. Implant inventor
9. Female interviewed in Bell Poll
10. Illness precipitated by implants
11. Male interviewed in Bell Poll
12. Previous producer of implants

1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____
5.	_____	_____	_____	_____
6.	_____	_____	_____	_____
7.	_____	_____	_____	_____
8.	_____	_____	_____	_____
9.	_____	_____	_____	_____
10.	_____	_____	_____	_____
11.	_____	_____	_____	_____
12.	_____	_____	_____	_____

Final word:

Final Word Clue: Controversial life changing decision (2 wds.)

Place submissions in green newspaper box in the atrium. Deadline is noon May 22.

Presented by the Sodexho Food Court off the Atrium at Shelton State. Correct entries are placed in a drawing for one winner of a free lunch

Congratulations to winner of last issue's Sodexho Food Puzzler: Amberly Walker

Off-campus submissions are welcome
Send your completed puzzle to
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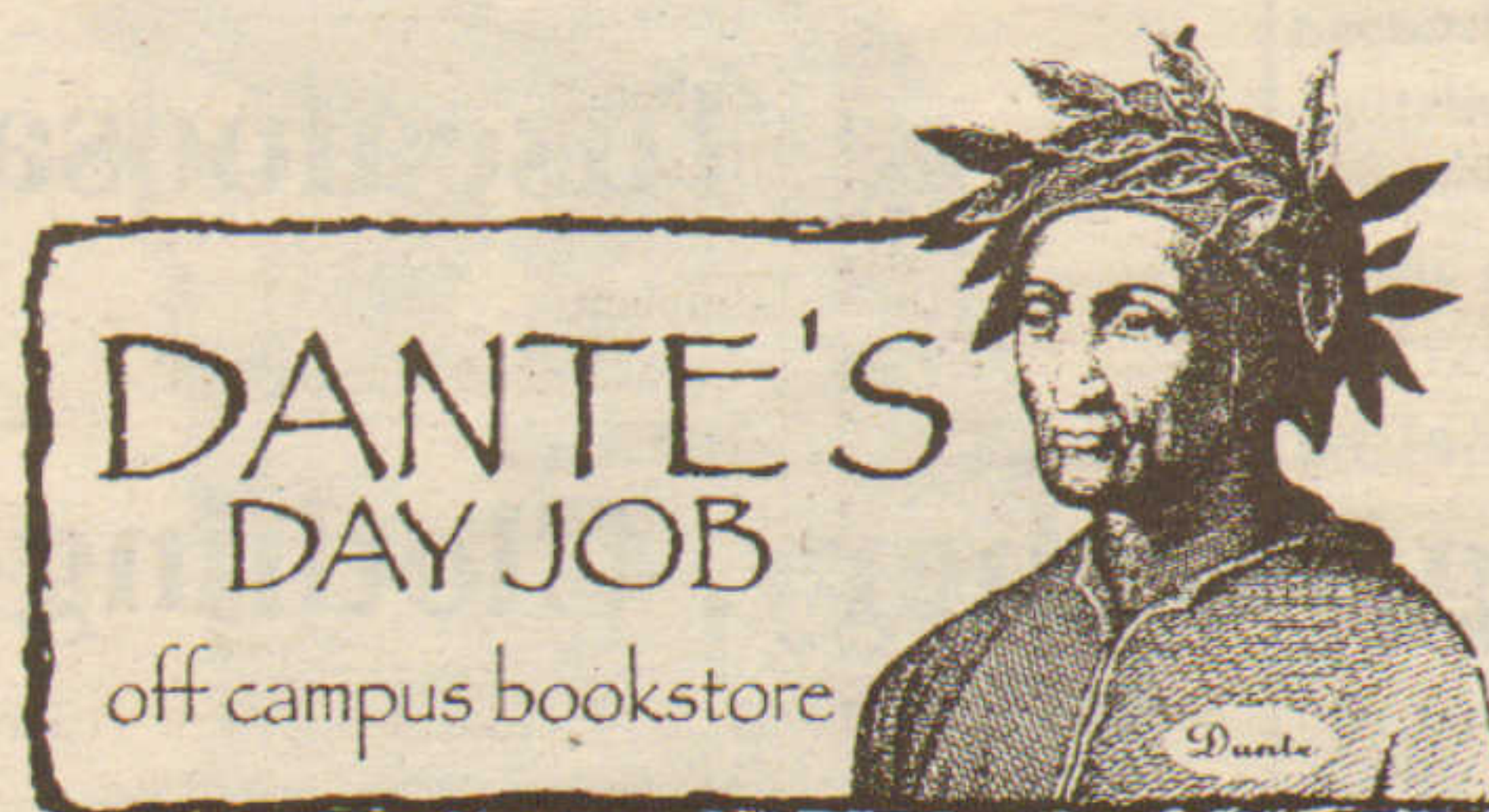
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National Nurses Week Celebrated May 6-12

Shelton State will be observing National Nurse's Week with activities each day beginning the week of May 4-8 and ending with the National Observation of Nurse's Week.

The theme of this year's commemoration is "Nursing: Healthcare With a Human Touch."

Nursing is one of the most popular programs at Shelton as well as across the nation. The healthcare industry has had its share of ups and downs but it's now on an upward rise.

"There are about 2.2 million registered nurses worldwide, with the demand growing," says Shelton Nursing director Gladys Hill.

Several events will be scheduled to show our appreciation to the group of individuals who take care of all of us at one time or another.

Monday

"KEEP SHELTON CLEAN AND HEALTHY"

Nursing students will unite with students from other organizations and distribute stickers, flyers, care trash bags to students to reinforce keeping our campus clean. Students will sign up for times to participate.

Tuesday

Faculty Day-Blood Pressure Screening in the Faculty Wing of the school. The faculty will give good bags to the participating RN students.

Wednesday

RN student treats

Thursday

Honorary Leadership Program (Nursing Student Leaders) at 12:15pm room 261

Friday

Annual Nurse's Week picnic at Snow Hinton from 11am-2pm

The Nursing program continues to be a viable career for young students to consider. "There will always be sick people who need someone to care for them," says Hill

Implants cont'd from pg. 7

is counseled extensively on any complications before hand." Some complications could include leakage.

Belcher says if the leakage causes your implant to deflate, it can be replaced. According to Belcher, implants have lifetime warranties—if that is any consolation.

Belcher says, "Saline is a natural part of your body." The implants are filled with sodium chloride .9%. If you ever change your mind about the implants, Belcher says the doctor will remove them. This office also replaces a lot of silicone implants with saline. Before the surgery can take place, Belcher says, "The patients are well informed of all the risks."

Two women who are well informed about the subject recently shared their opinions. They asked that their identities be kept confidential.

The first woman is 23 years-old and had saline implants one year ago. When asked why she choose to have this operation, she said, "I felt that it would make my body look better. I liked the way they looked on other people."

She works at an adult facility and also felt it would further her in adult entertainment. She says, "I

am aware of the health risks, but feel doctors have come a long way in making them safer."

When asked her if she still liked them, she said, "Oh, yes."

Another woman contemplating such surgery spoke is a 25-year-old student. She has not had the surgery yet, but plans on doing it this summer.

Why does she want to have the surgery?

"My boyfriend and I think they are sexy, plus I want a bigger size." Girls do it for their boyfriends, but she says that is not the situation in her case. "I am doing this for me and him. I am just waiting till I have enough money."

You may or may not agree with them, but they do exist. Breast implants are a big business. It is the patient's choice and according to most people (see the Bell Poll on pg. 2), women should be permitted to undergo the procedure.

According to Linda Garner, one is risking her life to augment her breast size.

It may not be enough to discuss all the risks with your doctor before making a final decision, but certainly that must be a starting place.

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